

ST JOHN FISHER PRIMARY SPRING SUMMER 2023

WEEK ONE

PRIMARY MENU WEEK 1	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Tomato Pizza with Potato Wedges	Italian Chicken with Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Beany Tomato Ragu with Cous Cous	Vegetable Sausage with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Cheesy Pea Pasta
Halal		Halal Italian Chicken with Mixed Rice	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken & Tomato Pasta	
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Sandwiches	Tuna Mayo Sandwich	Ham Sandwich	Egg Mayo Sandwich	Ham Sandwich	Tuna Mayo Sandwich
Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
Available	e Daily				

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Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts



ST JOHN FISHER PRIMARY SPRING SUMMER 2023 WEEK TWO

PRIMARY MENU WEEK 2	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Course	Cheese & Tomato Pizza with Diced Potatoes	Spaghetti Bolognese	Roast Chicken with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers & Chips with Tomato Sauce		
Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Veggie Burger with Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Margherita Macaroni		
Halai		Halal Spaghetti Bolognese	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken Tikka Curry with Mixed Rice			
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo		
Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich		
Sandwiches	Tuna Mayo Sandwich	Egg Mayo Sandwich	Ham Sandwich	Ham Sandwich	Tuna Mayo Sandwich		
Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas		
Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream		

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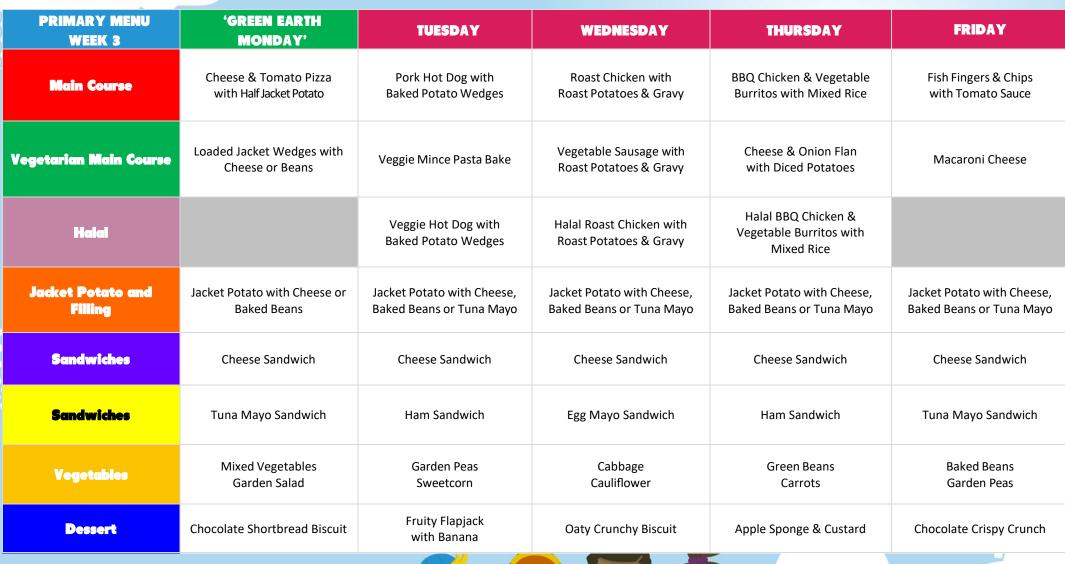
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Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts



ST JOHN FISHER PRIMARY SPRING SUMMER 2023 WEEK THREE



Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts